



A Oatmeal Express Enjoy a delicious, wholesome breakfast at home or at the office. Made with whole grain rolled oats.

ID No.	Flavor	Size	Qty.	Unit	Price	
1	QKR-26585	Brown Sugar	1.9 oz	24	CT	40.99



B Oatmeal The perfect way to start your day! Delicious, hearty, fiber-filled oatmeal fills you up for whatever lies ahead. Pure and simple, this breakfast meal is made with nothing more than whole rolled oats, sea salt, cinnamon and pure maple syrup.

ID No.	Flavor	Size	Qty.	Unit	Price	
2	OFX-00074 *	Brown Sugar	2.36 oz	24	CT	137.70
3	OFX-00075 *	Pure Honey	2.36 oz	24	CT	137.70
4	OFX-00076 *	Maple	2.36 oz	24	CT	137.70

* Kasher Parve; Certified Gluten-Free.



C Breakfast Cereal Single-Serve Cups Six individual serving cups per pack.

ID No.	Flavor	Size	Qty.	Unit	Price	
5	AVT-SN13896	Cheerios®	1.3 oz	6	PK	12.76
6	AVT-SN13897	Cinnamon Toast Crunch®	2 oz	6	PK	12.76
7	AVT-SN13898	Honey Nut Cheerios®	1.8 oz	6	PK	12.76
8	AVT-SN13899	Lucky Charms®	1.73 oz	6	PK	12.76



D Good Food to Go!™ Breakfast Cereal Six individual servings, super-size-to-go cups.

ID No.	Flavor	Size	Qty.	Unit	Price	
9	KEB-01468	Frosted Flakes®	2.1 oz	6	BX	11.85
10	KEB-42799	Frosted Mini Wheats®	2.5 oz	6	BX	11.85
11	KEB-01474	Raisin Bran Crunch®	2.8 oz	6	BX	11.85

E Special K® Pastry Crisps Two light crisps, slightly sweet with real fruit filling on the inside. Lightly sweetened, drizzle on the top. 100 calories per serving.

ID No.	Flavor	Size	Qty.	Unit	Price	
12	KEB-56926	Blueberry	0.88 oz	9	BX	9.45
13	KEB-56924	Strawberry	0.88 oz	9	BX	9.45

F Special K® Cereal Bars Cereal bar with fruit pieces and a yogurt flavor topping. Only 90 calories per bar.

ID No.	Flavor	Size	Qty.	Unit	Price	
14	KEB-01283	Strawberry	.81 oz	12	BX	12.61

G Special K® Protein Meal Bars A great tasting on-the-go meal bar packed with 10 grams of protein and only 190 calories.

ID No.	Flavor	Size	Qty.	Unit	Price	
15	KEB-29190	Chocolate & Peanut Butter	1.59 oz	8	BX	18.60
16	KEB-29186	Strawberry	1.59 oz	8	BX	18.60

H Nutri-Grain® Cereal Bars Calcium-enriched fruit snack bars.

ID No.	Flavor	Size	Qty.	Unit	Price	
17	KEB-35645	Apple Cinnamon	1.3 oz	16	BX	16.40
18	KEB-35745	Blueberry	1.3 oz	16	BX	16.40
19	KEB-35845	Raspberry	1.3 oz	16	BX	16.40
20	KEB-35945	Strawberry	1.3 oz	16	BX	16.40

I Kashi® GOLEAN® Fiber & Protein Bars Bars contain calcium, folic acid and other great nutrients.

ID No.	Flavor	Size	Qty.	Unit	Price	
21	KEB-27240	Chocolate/Peanut Butter	1.76 oz	12	BX	32.53
22	KEB-51464	Peanut Butter & Chocolate	1.94 oz	12	BX	32.40



J Nature Valley Granola Bars Energy from pure and natural ingredients.

ID No.	Flavor	Size	Qty.	Unit	Price	
23	AVT-SN13158	Chewy Strawberry Yogurt	1.2 oz	16	BX	16.24
24	AVT-SN1512	Chewy Trail Mix	1.2 oz	16	BX	16.24
25	AVT-SN3353	Crunchy Oats'n Honey	1.5 oz	18	BX	19.66
26	AVT-SN3355	Crunchy Peanut Butter	1.5 oz	18	BX	19.66
27	AVT-SN42068	Sweet & Salty Nut Almond	1.2 oz	16	BX	17.73
28	AVT-SN42067	Sweet & Salty Nut Peanut	1.2 oz	16	BX	17.73



K PowerBar Provides energy for the short run and nutrition for the long run.

ID No.	Flavor	Size	Qty.	Unit	Price	
29	NES-47300	Apple Crisp	45 g	15	BX	37.50
30	NES-24300	Fruit and Nuts	45 g	15	BX	37.50
31	NES-24100	Mixed Nuts	45 g	15	BX	37.50
32	NES-24200	Trail Mix	45 g	15	BX	37.50

Prices subject to change without notice. Visit our website for the latest pricing and product information.